



جاوتنكواس انتي-دوقيع بروني دارالسلام
BDADC
Brunei Darussalam Anti Doping Committee

EDUCATION PLAN

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INTRODUCTION

As a Signatory of the World Anti-Doping Code (Code), Brunei Darussalam Anti-Doping Committee (BDADC) has a responsibility to develop and run Anti-Doping Education Programs aimed at the Sporting Ecosystem in Brunei Darussalam. BDADC also convinced that the long-term solution to avoid doping is through effective prevention and clean sport values-based education programs.

Education programs aimed at International-Level Athletes¹ shall be the priority as determined by BDADC in reference to **section 7.3.1** of the World Anti-Doping Agency (WADA)'s International Standard for Education (ISE). In accordance with this standard, BDADC also requires Brunei Darussalam National Sports Federations (BDNSF) to conduct Education in cooperation with BDADC as per **Code Article 20.3.13**.

The Education Plan 2024 is designed to progressively increase the reach of education activities of BDADC.

The Plan also takes into consideration the small size of Brunei Darussalam athletes and the limited human resources as BDADC is currently operated by volunteers.

¹Any athletes listed to represent Brunei Darussalam Contingent to Regional and International Sporting Events

OUR COMMITMENTS

BDADC is committed to promoting anti-doping education and ensuring that all stakeholders, particularly athletes, coaches, athlete support personnel, sports bodies, event organizers, and recreational athletes, are well-informed about the importance of anti-doping education, athlete's rights, roles, and responsibilities.

BDADC's commitment to anti-doping education is unwavering, and it will continue to work tirelessly to ensure that all stakeholders are well-educated on anti-doping matters.

To achieve this goal, BDADC has developed a comprehensive anti-doping education program that includes the following initiatives:

STRENGTHENING THE ANTI DOPING EDUCATION CURRICULUM

BDADC will collaborate with relevant experts to enhance the anti-doping education curriculum and ensure that it is up-to-date and effective.

PARTNERING WITH KEY ORGANISATIONS

BDADC will partner with the National Sports Association (NSA), Ministry of Education, Ministry of Higher Education, and Ministry of Health to develop an anti-doping education program that meets their needs.

DESIGNING & DEVELOPING ACCESSIBLE ANTI-DOPING SOLUTIONS

BDADC will design, develop, and provide accessible anti-doping solutions that are easy to understand and use.

ENSURING CONTENT CORRECTNESS

BDADC will ensure that the content is correct and adequate and provide reports and verification of participation.

DEVELOPING E-LEARNING

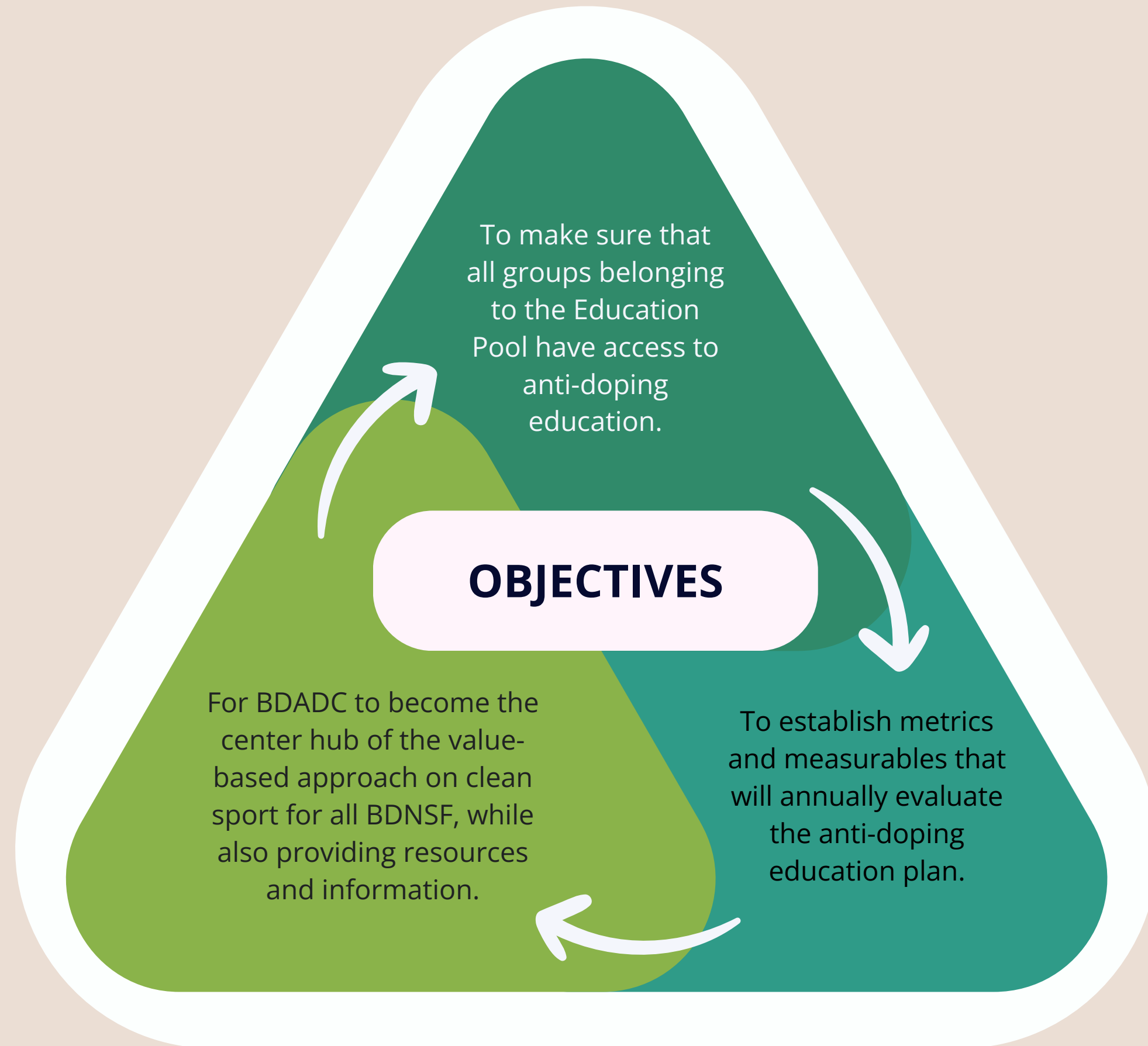
BDADC will develop or fund the development of e-learning to ensure consistency in anti-doping education.

REPORTING ATHLETE'S PROGRESS

BDADC will report on the progress of athletes in the online learning system to ensure that they are receiving the necessary education and support.

E DUCATION PLAN

This document provides a simple overview of action taken by BDADC to provide education about anti-doping rights and responsibilities. BDADC believes in a value-based approach with targeted groups towards education activities that emphasize the development of an individual's personal values and principles.





ROLES & RESPONSIBILITIES

BDADC has the responsibility to support, encourage, develop and implement initiatives that increase the skills and knowledge of people in the sport ecosystem in Brunei Darussalam about anti-doping matters. BDADC is responsible for the creation of the Education Plan, for ensuring that the Plan is compliant with the Code and the ISE, for subsequent plan, implementation, monitoring and evaluation.

WEBSITE

BDADC will keep an up-to-date and accurate Anti-Doping Information on the official website:
<https://www.kkbs.gov.bn/pages/bdadc.aspx>

COMMUNICATION

BDADC will heighten the use of mainstream media and also social media including Facebook and Instagram. These tools are used to reach BDADC Target Groups and other members of the community and to raise awareness on topics related to clean sport.

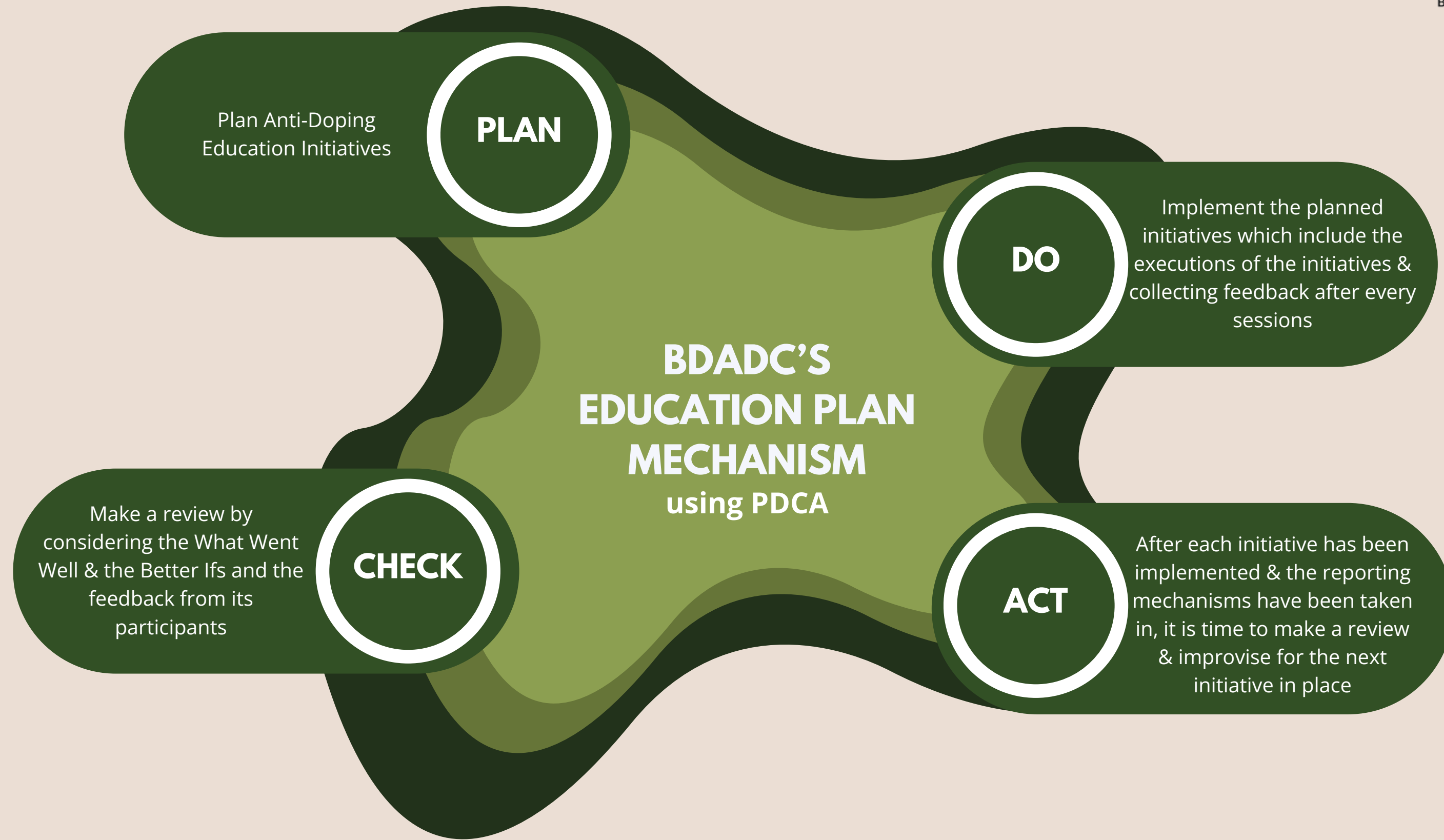
Additionally, a mailing list with all BDNSF contact is used for updates and information regarding ongoing activities.

EVENT-BASED EDUCATION

Event-based education activities will be carried out at the Brunei Darussalam Sports Championships to build competence in clean sport behaviors and make informed decisions.

ACTION PLANS & TIMELINE

Taking into consideration the structure of the sport, staffing resources available, and the support and services provided BDADC plans to undertake the following activities in order to educate the target groups about anti-doping. BDADC Anti-Doping Education Program has been tailored to the target groups and context, creating specific opportunities for all target groups to learn.



The Education Framework, action plan and timelines are as follows:

Target Groups	World Anti-Doping Code and Standards	Anti-Doping Rules Violations	The Prohibited List	Doping Control Process	Therapeutic Use Exemptions	Whereabouts	Checking Medications	Supplements	Consequences of Doping	Values-Based Education
International Athletes										
National Athletes										
Elite Junior Athletes										
School Athletes										
NSF Management										
Support Personnel										
PE Teachers										

The Action Plan and Timelines are as follow:

Target Groups	Type of Education Activity	Program Objective	Learning Objectives	Description	Date of Activity	Monitoring and Evaluation Activites	Target
International Athletes	E-learning via ADEL	100% of athletes bound for Regional & International Events successfully enrolled and completed ADEL course	Athletes understand of all anti-doping topics	A requirement for International Level Athletes to enroll and complete ADEL Course for them to be eligible for nomination process	Jan - Apr 2024	Athletes need to submit their ADEL completion certificate for BDADC acknowledgement	Athletes to Olympic Games, Paralympic Games, Asian Indoor and Martial Arts Games
National Athletes	E-learning via ADEL	100% of National Athletes successfully enrolled and completed ADEL course	Athletes understand of all anti-doping topics	A requirement for National Level Athletes to enroll and complete ADEL Course for them to be eligible to compete in National Events	Mar - Sep 2024	BDADC ADEL Power User will track the athlete's enrolment and completion	Workshop for National Athletes on the enrolment to ADEL
Elite Junior Athletes	Face to Face Session	100% of Elite Junior Athletes successfully attending the Face-to-Face Anti-Doping Education	Athletes understand of all anti-doping topics	Providing information for the athletes to be aware	Jan - Aug 2024	Survey and quiz the end of the session to assess level of understanding	Brunei Contingent to ASEAN Schools Games 2024

Target Groups	Type of Education Activity	Program Objective	Learning Objectives	Description	Date of Activity	Monitoring and Evaluation Activites	Target
School Athletes	Value-Based Education (JADA Real Champion Package)	100% of School Athletes successfully attending the Face-to-Face Anti-Doping Education	Athletes aware on antidoping through Value-Based Education	The athlete can apply these principles in everyday life	Jul - Aug 2024	Survey and quiz the end of the session to assess level of understanding	Outreach for the Brunei Darussalam Schools Games 2024
NSF Management and Support Personnel	E-Learning via ADEL	100% of NSF Management and athletes support personnel successfully enrolled and completed ADEL Course	Support NSF Management personnel understand of anti-doping topics especially in relation to their job scope	Providing information for support personnel to be aware	Jan - Jun 2024	BDADC ADEL Power User will track the athlete's enrolment and completion	Workshop to National Sports Associations Personnel
PE Teachers	Workshop	100% of School PE Teachers successfully attending the Values-Based Anti-Doping Education	PE Teachers aware of antidoping and able to share the information to their students	PE Teachers can disseminate information on Anti-Doping via Values-Based Education	Jan - Jun 2024	Survey and Logbook of their school activities on Values-Based Education	Physical Education and Sports Education Teachers

M **ONITORING, REPORTING & EVALUATION**

Monitoring will be led by BDADC Education Committee. Achievement and successful of the anti-doping education will be evaluated by the numbers of activities conducted and numbers of NSF and participants involved.

Every anti-doping related education activities will be reported and submitted to **SEARADO** and **WADA** annually.

R **ESOURCES**

The main resources used are from WADA and also Japan Anti-Doping Agency (JADA) downloaded from:

<https://www.wada-ama.org/en/resources>

https://www.playtrue2020-sp4t.jp/edu_package/



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VISIT OUR WEBSITE:

 <https://www.kkbs.gov.bn/pages/bdadc.aspx> 

FIND OUT MORE ABOUT US:



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Brunei Darussalam Anti-Doping Committee

